

Overdose is *preventable*.

Knowing the signs can save a life.



Signs of an Overdose

- Slow, shallow or stopped breathing
- Blue or gray lips, fingertips or skin
- Unresponsive to voice or touch
- Limp body, choking or gurgling sounds
- Pinpoint pupils

What to do

1. Call 911 immediately
2. Give naloxone if available
3. Turn them on their side (recovery position)
4. Stay with them until help arrives
5. Give a second dose after two to three minutes if there is no response.

Naloxone is available at some local pharmacies throughout the U.S. Virgin Islands.



Naloxone can temporarily **reverse** an **opioid overdose**. If you suspect an overdose, give naloxone if available. Naloxone will **not harm** someone if opioids are not involved. **Call 911** and stay with the person until emergency assistance arrives. Contact a local pharmacy directly to confirm availability.

24/7 Crisis Line

988

Suicide and Crisis Lifeline

**Wait 2-3 Minutes
before administering a
second naloxone dose, if
needed**

#IOAD2026

#EndOverdose

#OverdoseAware



A collaboration of the Overdose Response Strategy, Puerto Rico–U.S. Virgin Islands HIDTA, UVI CELL, Virgin Islands Department of Health

Author: Talisa Griffith-Simmonds, Public Health Analyst-USVI, CDC Foundation and Rodney Querrard, Drug Intelligence Officer, USVI HIDTA

HIDTA Prevention Initiative - Positive Vibes Prevention Initiative

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